

PHQ4 Patient Survey:

Pain is known to affect mental health. In an effort to look at our patients holistically, we're asking a few questions regarding anxiety and depression.

**Over the last two weeks, how often have you been bothered by the following problems?
Please select one answer.**

Feeling nervous, anxious, or on edge

- ☐ Not at all
- ☐ Several days
- ☐ More than half the days
- ☐ Nearly everyday

Not being able to stop or control worrying

- ☐ Not at all
- ☐ Several days
- ☐ More than half the days
- ☐ Nearly everyday

Little interest or pleasure in doing things

- ☐ Not at all
- ☐ Several days
- ☐ More than half the days
- ☐ Nearly everyday

Feeling down, depressed, or hopeless

- ☐ Not at all
- ☐ Several days
- ☐ More than half the days
- ☐ Nearly everyday